

As **Future Friends** is being funded and is run by Kingston Mencap, you will also need to be a member of Kingston Mencap to come to the club.

When you let us know you are interested we will send you an application form.

Kingston Mencap membership costs £5 per year

For more information about **Future Friends** and to receive the membership forms please contact:



Danielle Bastille - Club Leader  
07746 341 014

Email: [futurefriendskingston@gmail.com](mailto:futurefriendskingston@gmail.com)

Future Friends

**Future Friends** is a leisure club for people with a learning disability in the borough of Kingston for young adults aged between 19-35 years. The club is funded by Kingston Mencap



## Future Friends

## For young Adults 19-35 years

The aim of **Future Friends** is to give the members new experiences, have fun and make friends. We have already tried lots of different activities. We will repeat the popular ones and keep trying new ones. Some of the things we like to do are bowling, dancing, karaoke and just spending time together listening to music and catching up!



*Sometimes we have theme nights.  
This was Bollywood and Curry night...*

Members of the club receive the agenda for all activities in advance and then choose which ones they want to come to. If a member is at residential college they are welcome to come to the club in their college holidays.



*We like to go out for a meal on*

The cost for each activity is usually £3 but for special activities it might be a bit more be more.

**Future Friends**  
runs on alternate  
Thursday evenings  
from  
7.30 - 9.30pm